

THIS IS MY ISAGENIX STORY 50 Pounds and 63 Inches !



I WAS FAT, TIRED, STRESSED OUT, AND FEELING OLD

I have been overweight for most of my life with periods in the obese category. Like many people battling excessive weight or obesity, my commitment to my fitness and waistline would go up and down (size 36 up to size 40 at my highest). I have learned that no matter how much money you spend on size 40 pants . . . they never look good.

WHY ISAGENIX FOR LIFE

I shed a total of **50 pounds and 63 inches in a short period of time while only working out once and sometimes twice per week**. I got back to my healthiest adult weight in over 30 years. I had last weighed 190 pounds playing high school football. I happily replaced all my fat man's pants and suits. I now wear size 34 pants and jeans.

The very first day using Isagenix, I experienced a dramatic jump in my energy. Even my gym workouts are more vigorous and intense. I require less sleep and sleep more soundly. I have found I am handling stress more easily, have more energy during the day and generally feel happier and more positive and optimistic.

I maintain my weight and high energy by continuing to enjoy a variety of the great Isagenix products. If I overindulge during holiday or special events, a cleanse day or two brings me right back in balance and at my target weight. It is a good tasting convenient lifestyle that works with my life and personal health goals.

I have been pleased to put my 28-year reputation as a Chiropractor and Healer behind Isagenix products and recommend them to patients and everyone who I speak to about Health and Wellness. I know, as a doctor, that 80-90% of the patients I see have a nutritional component to their presenting problems.

The results I experienced were quickly visible to everyone. Physically, I felt energized and younger, and emotionally happier and less stressed.

Isagenix has the WOW factor. It has both sizzle and substance. This is Why I find it so easy to share and recommend Isagenix.

Dr. Jeff L. – Chiropractor Peterborough Ontario